

Veggies (2)	One Pots	Meats	Soups
Stir Fry	Hamburger Stew <i>THK</i>	Meatloaf <i>WM</i>	Chicken Vegetable <i>WM</i>
Brussel Sprouts <i>WM</i>	Thai Curry Beef	Balsamic Pork Chops <i>HWKIP</i>	Beef Vegetable
Cauliflower Rice <i>HWKIP</i>	Chicken Stir Fry	Italian Chicken <i>HWKIP</i>	Chicken Tortilla <i>THK</i>
Fauxtato Salad <i>HWKIP</i>	Roasted Chicken and Veggies <i>HWKIP</i>	BBQ Chicken <i>HWKIP</i>	Southwest Chicken
Sweet Potatoes	Spaghetti/Squash	Asian Chicken <i>HWKIP</i>	Chicken Acorn Squash Soup <i>APC</i>
Kabocha Squash	Moroccan Stir Fry <i>WM</i>	Chicken Nuggets <i>The Domesticated Man (online)</i>	Salmon Chowder <i>WM</i>
Roasted Root Veggies <i>APC</i>	Chili Dogs over Sweet Potatoes <i>WM</i>	Chicken Marsala <i>WM</i>	
Salad Greens	Beef and Cabbage Stir Fry <i>WM</i>	Dill Salmon <i>WM</i>	
Spinach	Shanghai Stir Fry <i>THK</i>	Garlic Steaks	
Scalloped Sweet Potatoes <i>HWKIP</i>	Pakistani Kima (no green beans) <i>WM</i>	Fish Sticks <i>WM</i>	
Mashed Fauxtatoes <i>HWKIP</i>	One Pot Spaghetti <i>WM</i>	Meatballs <i>HWKIP</i>	
Asparagus <i>HWKIP</i>	Beef and Broccoli Stir Fry <i>WM</i>	Hamburgers <i>THK</i>	
Guacamole	Salmon Croquettes <i>HWKIP</i>		
	Pesto Chicken <i>APC</i>		
	Chicken Salad <i>APC</i>		
	Asian Lettuce Wraps <i>HWKIP</i>		